

"Coaching helped me step back and examine the whole situation instead of pieces of it that frustrate me. It gave me hope." — Coachee



Learn more about the Coaching for Success project today! eliminatestigma.org

## A PROJECT THAT EMPOWERS STAFF THROUGH COACHING



## Enhance your professional development through coaching

Experts agree that mental health and SEL (social and emotional learning) professional development for educators and youth-serving professionals is vital. Yet too often, staff receive this important training but struggle to implement what they've learned once they return to a school or class setting.

Coaching for Success is a two-year project that brings coaching directly into schools and youth-serving organizations to help nurture the personal and professional resilience of professionals as they address the myriad of social, emotional, and mental health needs of today's youth.

A unique aspect of this project is that on-site staff become the coaches. They have both existing relationships with their coachees, along with knowledge and proven experience in implementing mental health and SEL practices in an educational environment.

"One of my biggest successes was my coachee realizing that deep down he had the solutions to his problems." — Coach

A program of:

