

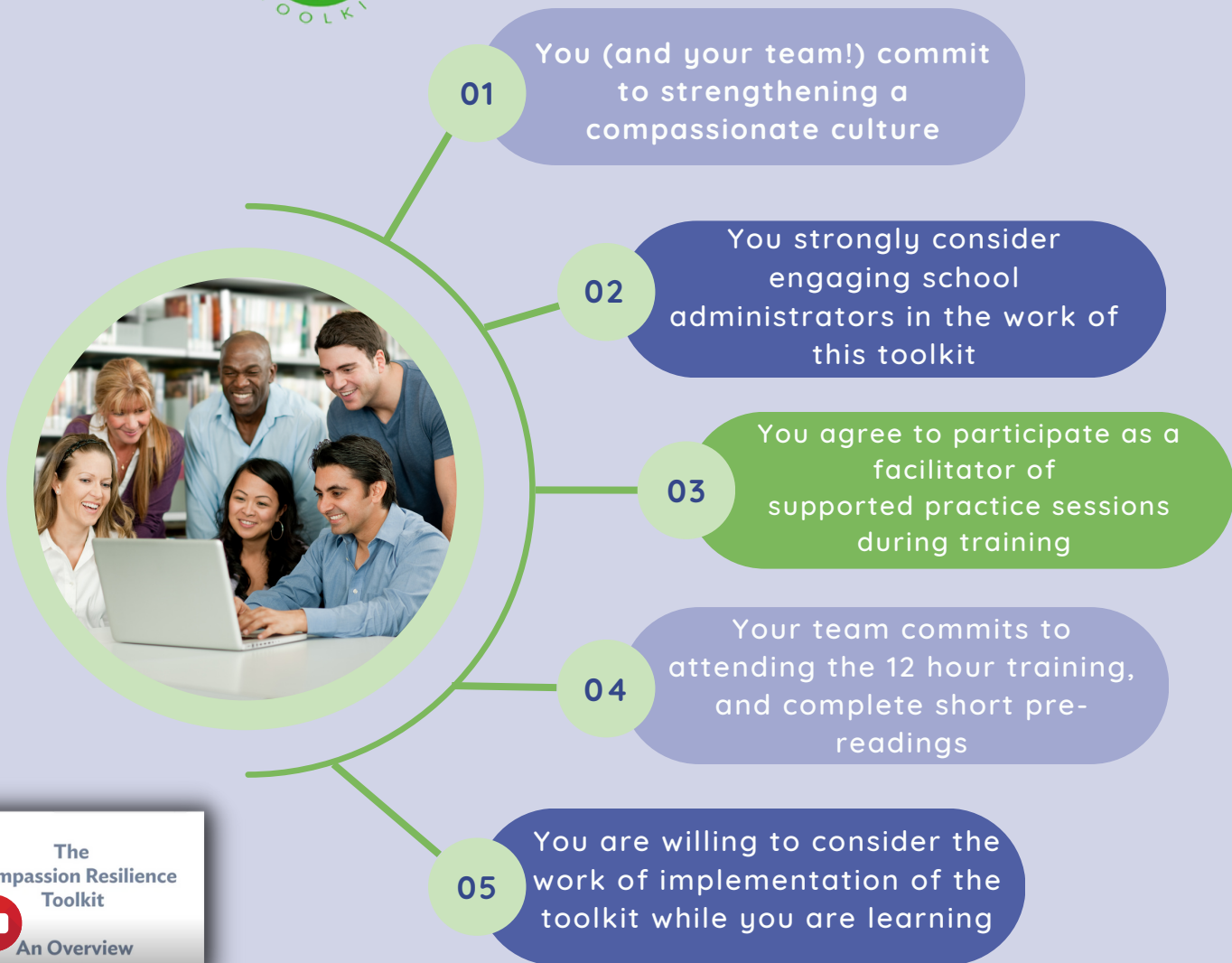
Compassion Resilience Training of Facilitators

The Compassion Resilience Toolkit is a flexibly implemented set of resources to build awareness of compassion fatigue and strategies to increase compassion resilience in adults from a system and individual perspective. Participation in this training will provide you with the tools necessary to implement the Compassion Resilience Toolkit with your staff.



This session is facilitated by DPI, Rogers Community Learning and Engagement and the WISH Center.

COMPASSION RESILIENCE Toolkit **Readiness and Commitment**



To learn more about Compassion Resilience and the support provided by the WISH Center visit <https://www.wishschools.org/resources/compassion-resilience.cfm> or contact your WISH Center Regional Coordinator



Compassion Resilience Training of Facilitators

Trainings require a minimum number of participants. Please register early so we can plan accordingly.

LEARNING FORMAT

Online:

- Fall: 12 hours split between 4 sessions
- Winter: Eight 1.5 hour sessions
- Spring: 12 hours split between 4 sessions

Pre-Work:

- Brief readings before each session
- Each participant will practice facilitating

REGISTRATION

Fall Online Training Series [70 participants max]

- Sept 26, 27, Oct 10 & 11 2023
- 9am-12pm via ZOOM

<https://login.myquickreg.com/register/event/event.cfm?eventid=33805>

Winter Online Training Series [70 participants max]

- January 22, 24, 29, 31, February 5, 7, 12, & 14 2024
- 8:30-10am via ZOOM

<https://login.myquickreg.com/register/event/event.cfm?eventid=33809>

Spring Online Training Series [70 participants max]

- April 9, 10, May 7 & 8, 2024
- 9am-12pm via ZOOM

<https://login.myquickreg.com/register/event/event.cfm?eventid=33810>

CANCELLATION POLICY: If cancellation is not received one week prior to the first date, the participant will be billed \$25 to cover the cost of financial obligations created by registration such as meals, room, materials, etc.

REGISTRATION FEE

- FREE for all public school participants and community partners (CESAs, mental health providers) that are part of a school team implementing this toolkit.
- This training was made possible through funding support from WI DPI.

COMPASSION RESILIENCE TRAINING OF FACILITATORS IS DESIGNED FOR:

- Classroom Teachers
- Student Services
- Administrators
- Deans of Students
- Implementation teams for school climate initiatives
- District level leadership including HR professionals

QUESTIONS ABOUT THIS TRAINING?

- [Contact Your WISH Center Regional Coordinator](#)

"The ability to see some strategies shared, modeled, and discussed."
-Participant, 2023

"This has been a phenomenal training, and I feel very inspired to help support my personal compassion resilience and colleagues."
-Participant, 2023

FOR REGISTRATION ASSISTANCE CONTACT: Kalli Rasmussen, CESA #4, (608)786-4832, krasmussen@cesa4.org

