

# Building Compassion-Based Relationships with Families & Other Caregivers

## Section 12

### Activity:

## Compassionate Connections with Families or Caregivers

1. Give an example of a challenging behavior by a family. (Select one that is relevant to what your staff have experienced.)
2. Ask staff to talk in pairs about their initial thoughts about the potential meaning of the behavior and how they would respond.
3. Have six different perspectives on the same family from different people in the family's life written on cards and ask each person to read their description to the group. Continue until all six perspectives are read.
4. Now ask the pairs to make any revisions in their planned response based on the broader perspective.
5. Discuss as a whole group. Did insight into the family change your response? How? What, if anything will you need/would like from others in or outside of the school to make a positive connection with this caregiver?

