



Help end stigma around mental illness

More than half of people with mental illness don't receive help. Too often, they avoid or delay seeking treatment because of concerns about being treated differently or fear of losing a job or relationships. Stigma, prejudice, and discrimination against people with mental illness impacts lives.

WISE offers thought-provoking and educational tools to help us eliminate stigma about mental illness and substance use disorders through inclusion, hope, and support. Our presentation, facilitated discussion, and follow-up evaluation tool are a great place to start for any group or organization looking to begin a conversation about this important issue. WISE trainers lead the presentation or train your staff to do it themselves. These versatile resources can also be tailored for schools, workplaces, healthcare settings, and other specific needs.



1 in 5 people experience mental illness in any given year. Over 50% will be diagnosed with mental illness or a substance use disorder at some point in their lives.

Source: Centers for Disease Control and Prevention



Explore the Stigma 101 course today!
eliminatestigma.org