



**WISE Initiative for Stigma Elimination** works to build resilient and hopeful communities by promoting inclusion and support for all affected by mental health challenges. We implement and advance proven practices for stigma reduction.



### SAFE PERSON

Using the 7 Promises, this presentation and resource helps us be safe and supportive people to those around us. Twenty five decals can be shipped for free. *Available in English & Spanish*

### COACHING FOR SUCCESS

Coaching for Success works with local stakeholders to embed coaching within schools and youth-serving organizations to help nurture the personal and professional resilience of staff, as they address the social, emotional, and mental health needs of youth.



### UP TO ME

Participants of this program explore the story they have been telling themselves about their challenges and resilience. They are empowered to decide if and what they want to disclose from a strengths-based perspective.



### STIGMA 101

This presentation offers an overview of stigma and how we can play a role in reversing the stigma of mental illness by increasing inclusion, hope, and support.



### COMPASSION RESILIENCE



The toolkits help you learn skills to build and maintain compassion resilience in an imperfect world. Versions for schools, healthcare and human services, and parents/caregivers address the topic from an individual, team/family, and organizational perspective.



Please join our quarterly WISE coalition meetings. Learn more about our programs and connect with us today! [eliminatestigma.org](https://www.eliminatestigma.org)